



Youth Special Interest

NEW! Family Cardio Drumming:

Burn Calories in a fun way with your whole family!!!! Cardio fitness drumming is a chance for you to express yourself, release stress and aggression, sweat, dance, sing and enjoy the sense of community.

Time: Family Drumming: Tuesday and Thursday 5:30pm – 6:15pm,

Fee: Family of 4- Y Member \$15.00, additional family members \$5;

Non-member \$45.00, additional family members \$8

Instructors: Christie Kapelka and Carlie Instone

Youth Strength Training

This class is for boys and girls 6th, 7th and 8th grades. This class teaches basic lifting skills to allow the kids to use the free weight room. All Youth interested must take this class in order to use the free weight room. Instructor Kari Clagg

Times: Tuesday and Thursday 4:30-5:30pm

Fee: Y members \$20.00

LEADERS CLUB – Coordinator Kim Rickle

Youth Members- 11 – 15 yrs. old

Objectives:

Have FUN working as a team and learning new things, interacting with other Leaders Clubs in Ohio, Volunteering at the YMCA and our community, fundraising events, community outreach, planning events for the YMCA's members, Help develop programs for our Youth membership.

2018-19 Season:

- Sep. 8th 2018 – 10:00am – 12:00pm – OPEN HOUSE
- Sep. 10th 2018 – First meeting of the 2018 season
- Sep. 17th 2018 - Election of officers
- Sep. 20th 2018 – Community Day

Black Friday FUN DAY

Kids in grades K-5 can spend the day with their friends at the Friday after Thanksgiving Funday. Parents can check their kids in at 9:00am and pick them up at 3:00pm. They will be kept busy with gym games, swimming, crafts etc. Each child will need to bring a sack lunch, bathing suit and a towel. Parents are required to fill out the registration form before leaving the YMCA. Pre-registration is required. Space is limited. Registration ends at 6:00pm Wed. Nov 21st. No registrations will be accepted on Fun Day!

Time: 9:00am-3:00pm

Date: Friday November 23rd

Fee: \$8.00 Y-members, \$15.00 non-members



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Gator Swim Team 5-18 yrs.

For those interested in finding out what a swim team is all about come to the Geary Family YMCA Swim Team trials. The swim team coach will be conducting practices:

Tuesdays September 11th & 18th, Thursdays September 13st and 20th, 5:15 – 6:30 pm each day.

This program is for kids ages 5-18 that can swim and want to be a part of a competitive team.

Each child swims in his/her own age division.

The season runs September-March 2019 and practice times are:

All swimmers; Monday 6pm-7pm, Tuesday & Thursday 5:15pm-6:30pm.

We also have a parent's organization whose purpose is to help out at meets and do fund raising etc.

We will be having a parent meeting on Thursday September 20th at 5:30 pm to discuss fees, fill out paper work and updates parents with any new materials.

Pre-requisites:

1. Child must be able to swim length of the pool on their stomachs and back unassisted.

2. Must be a YMCA member.

Fee: \$150.00

Child and Babysitting Safety Course

We will be offering a Babysitting Class for those 11-14yrs. who would like to take on the responsibility of babysitting. The class will consist of the following sections:

Introduction to Babysitting as a Business

- Safety and Injury Prevention
- Leadership
- Play Time
- Basic Caregiving Skills
- CPR with basic First Aid

Date: Saturday October 13th 9:00am-2:00pm.

You will become certified at the end of class.

Class is taught by Bonnie Hanson a Level 5 American Safety and Health Institute Instructor.

Fee: \$30.00 Y members, \$45.00 non-members.

Lunch is included. Class size is limited to 10 participants.

Registration ends October 8th.

For more information call 419-435-6608 ask for Bonnie.

GEARY FAMILY YMCA
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FOSTORIA, OH 44830
419-435-6608

www.gearyfamilyymca.org